



Full 2025 Schedule

8:45 AM	MAIN STAGE PAVILION	Opening Meditation with Danita Nelms
9:00 AM	CONSTELLATION YOGA TENT	Embodied Wealth with Holly Tuyls
9:00 AM	GALAXY YOGA TENT	Rebirthing Breathwork Workshop with Jennifer Schlavensky
9:15 AM	COSMOS YOGA TENT	Arise and Shine with Stephanie Matulle
9:15 AM	MOON YOGA TENT	Grounded Hips + Shoulders + Spine with Jessica Haessly
9:30 AM	STARS YOGA TENT	Qigong/Yoga Gentle Flow with Jan Marnocha
9:30 AM	SUN YOGA TENT	Good Morning on the Mat Vinyasa with Deanna Laemmrich
9:30 AM	MAIN STAGE	Natural Satellite
10:00 AM	KIDS YOGA TENT	Kids Aquatic Adventure with Jen Tews
10:00 AM	TEEN ACTIVITIES	Soul Paint with Kylee Knox
10:15 AM	COSMOS YOGA TENT	Pilates-Yoga Fusion with Jess Fagan
10:15 AM	MOON YOGA TENT	Prenatal Yoga with Elisabeth Potaczek
10:30 AM	STARS YOGA TENT	Shamanic Flow with Austin Kopitzke
10:30 AM	SUN YOGA TENT	A Twist on the Tibetan Rites/Power Yoga for Vitality with Kimberly Kamps
10:45 AM	CONSTELLATION YOGA TENT	Cacao Ceremony with Breathwork with Erika King
10:45 AM	GALAXY YOGA TENT	Soul Freqs Summer Jam with Karen Pujals & Brad Sullivan
11:00 AM	KIDS YOGA TENT	Be the Rainbow with Nikki Sunshine
11:15 AM	MOON YOGA TENT	Yoga for Healthy Bones with Kathy Davis
11:30 AM	MAIN STAGE	Brilliant Bliss Mantra Music Journey
11:30 AM	COSMOS YOGA TENT	Gentle Flow with Tanja Zins
11:30 AM	STARS YOGA TENT	Self-Compassion Flow with Kylee Knox
11:30 AM	SUN YOGA TENT	All Levels Vinyasa with Sandi Toppins
11:45 AM	GALAXY YOGA TENT	Let's Connect Reiki/Yoga with Bonnie Manthey & Melissa Anderson
12:00 PM	CONSTELLATION YOGA TENT	Conscious Travel: The Art of Yoga Retreats with Heidi Heimerl
12:00 PM	KIDS YOGA TENT	Kids Yoga Story with Jess Fagan
12:15 PM	MOON YOGA TENT	Preparing the Body for Life with Jim Crane
12:30 PM	COSMOS YOGA TENT	Grounded with Robin Hertting
12:30 PM	STARS YOGA TENT	Tai Chi with Janice Zuege
12:30 PM	SUN YOGA TENT	Power Vinyasa Yoga with Crystal Hill
12:45 PM	CONSTELLATION YOGA TENT	Yoga & Social Justice: Embodying Change Through Hope with Deb Sampson
12:45 PM	GALAXY YOGA TENT	Feel to Heal: Yoga for Grieving with Chris Marcks
1:00 PM	GATHERING GRASSES	Sounds of the World with Chaotic Fire Arts
1:00 PM	KIDS YOGA TENT	Murphey's Magic Moment with Murphey Davel
1:15 PM	MOON YOGA TENT	Rooted in the Moment with Lori Smasal



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1:30 PM	COSMOS YOGA TENT	Find Your Flow with Brittney Dorsey
1:30 PM	STARS YOGA TENT	Bhangra/Bollywood Dance with Mahima Grover
1:30 PM	SUN YOGA TENT	Vinyasa with Dan Wilson
2:00 PM	MAIN STAGE	Ryan Hader and The Backward Echo Band
2:00 PM	GALAXY YOGA TENT	Yoga Nidra and Sound with Teresa Moucha
2:00 PM	KIDS YOGA TENT	Kids Animal Yoga with Heidi Heimerl
2:00 PM	TEEN ACTIVITIES	Partner Pose Fun with Tommy Douglas & Jessica Fritz
2:15 PM	MOON YOGA TENT	Asana to Expand the Breath with Craig Woolley
2:30 PM	CONSTELLATION YOGA TENT	Introduction to Kunalini Yoga with Chari Long
2:30 PM	COSMOS YOGA TENT	Inner Sun Bhakti Yoga with Deb Sommerhalder
2:30 PM	STARS YOGA TENT	Qigong with Marcia Chapman
2:30 PM	SUN YOGA TENT	Buti Yoga with Jessa Bongiovanni
2:45 PM	GALAXY YOGA TENT	Sound Medicine with Lauren Nelsen
3:00 PM	KIDS YOGA TENT	Super Hero Yoga with Chris Marcks
3:15 PM	MOON YOGA TENT	Desk Dwellers Yoga with Sara Karimi
3:30 PM	COSMOS YOGA TENT	Partner Flow with Katy Keefe-Neilson
3:30 PM	STARS YOGA TENT	Partner Yoga with Tommy Douglas & Jessica Fritz
3:30 PM	SUN YOGA TENT	Edge & Ease with Jenni Davel
3:45 PM	GALAXY YOGA TENT	Vibrations of the Earth with Ace Champion
4:00 PM	GATHERING GRASSES	Inspire! -- Bernardo Cano's Live-Looping Beats and Mantra Co-Creation
4:00 PM	KIDS YOGA TENT	Be the Rainbow with Nikki Sunshine [final class in the Kids Tent]
4:15 PM	CONSTELLATION YOGA TENT	Etheric Master Crystals for Manifestation with Lisa Joy Meli [final class in the Constellations Tent]
4:15 PM	MOON YOGA TENT	Mat Pilates with Stephanie Emenecker [final class in the Moon Tent]
4:30 PM	COSMOS YOGA TENT	Hatha Flow with Tree Janzen
4:30 PM	STARS YOGA TENT	Somatic Dance with Leeann Ross
4:30 PM	SUN YOGA TENT	Yoga Burn with Allison Butt
5:00 PM	GALAXY YOGA TENT	Yin and Yoga Nidra with Melissa Benson [final class in the Galaxy Tent]
5:15 PM	MAIN STAGE	LIBERATE Ecstatic Dance Experience + Energetic Activation with Andrea Ivory
5:30 PM	COSMOS YOGA TENT	iRest Yoga Nidra Meditation with Angela Milne [final class in the Cosmos Tent]
5:30 PM	STARS YOGA TENT	Yoga for Self Love with Kelly Kelderman [final class in the Stars Tent]
5:30 PM	SUN YOGA TENT	All Levels - Vinyasa Flow with Allison Wallner [final class in the Sun Tent]
6:45 PM	MAIN STAGE	Closing Ceremony with the Festival Team